Your Retirement Lifestyle Workbook



Purpose of This Workbook

This workbook is designed to help you collect and organize the information needed to develop your Retirement Lifestyle Plan, and will include your goals and the resources available to fund them.

As you go through this workbook, gathering some of the following documents may be helpful in sharing important details of your current situation: bank and investment statements, retirement account statements, college fund account statements, employer benefits, Social Security Administration statement, liability statements, and insurance policies. Some of these documents may or may not apply to your particular situation.

Important data can be gathered from the above mentioned documents such as: current account balances, contributions and additions currently being made, projected employee benefits, when major liabilities end, future Social Security benefits or pension benefit amounts.

Thank you in advance for taking the time to gather some of this information so we can focus on the fun stuff: developing a plan that addresses your goals, hopes, and dreams in retirement!

Introduction to Your Retirement Lifestyle Plan

It is time to take control of your own future. With a well-designed Retirement Lifestyle Plan, you can obtain the most enjoyment possible from the money you have to spend during the rest of your life. In an uncertain world where investment returns are unpredictable, planning is the most important exercise you can do to increase the likelihood that you'll enjoy a rewarding retirement.

Planning the future you want should be an enjoyable process, and it all starts with your Goals. So, take your time, allow yourself to dream a little, and have some fun. Begin by telling us a little about yourself.

Personal Information

	Client (C	C)		Co-Clien	t (Co)
Name					
Gender	🗆 Male 🛛 Female		🗆 Male 🛛 Fema	ale	
Date of Birth	/ /		/ /	/	
Employment Status		Retired Homemaker	EmployedBusiness Owr		□ Retired □ Homemaker
Employment Income	\$		\$		
Other Income (non-investment only)	\$		\$		
Net Worth (Approx.)	□ < \$250K □ \$250K - \$	\$500K 🗆 \$500K -	\$1M 🗆 \$1M - \$3	2M 🗆 :	>\$2M
Marital Status		State of Residence			

Children and Grandchildren (or any other Participant included in this plan)

Name	Date of Birth	Relationship
	/ / age:	

Let's Talk About Your Goals

1. Still Have College? [Page 3]

- If you still have College expenses to pay, start with the College Goal.
- Enter all College Goals regardless of when they occur before or during retirement.
- Enter as many College Goals as you need for kids, grandkids or even yourself, undergraduate or graduate.

2. What's Happening Before You Retire? [Page 3-7] If retired, skip to number 3.

If you plan to use money from your Investment Assets (i.e., savings and investment accounts) to pay for any purchases or activities before you retire, you should create a separate Goal for each one.

- Review the 14 Lifestyle Goals on the following pages and identify those that are important to you.
- DO create a Goal for expenses that will be paid (fully or partially) from Investment Assets (e.g., renovating the kitchen, or taking that BIG trip to Europe).
- DO NOT create Goals for any expenses that are paid entirely from your employment income (e.g., cars, annual vacations).

3. Retirement Lifestyle Goals - Begin with the fun stuff! [Page 3-7]

Add a Lifestyle Goal for each significant purchase or activity that will make your retirement satisfying and enjoyable. Lifestyle Goals are above and beyond what you need to pay the basic expenses of day-to-day living.

- Review the 14 Lifestyle Goals again. Which ones are important to your retirement satisfaction?
- Dream a little (or a lot). Create all the Goals you'd like, even if you're not sure you can afford them.
- Be sure to consider cars, travel and gifts, which are usually important Goals during retirement.

4. Retirement Living Expense [Page 8]

When would you like to retire? How willing are you to delay retirement in order to reach your Goals? Are you already retired? It's time to identify the amount for your basic living expenses during retirement. The budget worksheet [Page 13] can assist you in determining this amount.

Creating more individual Lifestyle Goals can help you make better financial decisions, and increase the overall satisfaction you obtain from your money during the rest of your life. You may even discover that you can do more with your money than you ever expected.

Goal Importance Scale

Rate the importance of each Goal on a scale of 10 - 1, with 10 being the most important. This groups your goals by Needs (what you must have), Wants (what you would like to have), and Wishes (what you wish to have).



College Goal



If you plan to pay for all or part of a college education (or some other education program) for yourself, a child, or grandchild, make sure you have a Goal for it.

Importance	Who is	Chart		Tar	get Amount	Notes
High Low 10 ↔ 1	attending college?	Start Year	No. of Years	Own Estimate or Type	Use the Amount for a Specific College	- prepaid years - scholarship / loans
8	e.g., Susan	2022	4		State University	\$1,000/yr scholarship

	Average Annual College Costs*								
Average All	\$29,009	Public In-State (2 years)	\$15,933						
Private (4 years) \$44,750 Public Out-of-State (4 years) \$36,136 Public Out-of-State (2 years) \$25,39									
*Data Source: Pe	*Data Source: Peterson's Undergraduate and Graduate Institution Databases, copyright 2013. Peterson's, Nelnet, LLC. All rights reserved.								

Lifestyle Goals - Before and After Retirement



Travel - One Special Trip and/or Recurring Travel Fund

Is there one special place calling your name? Or do you want to travel every year? Create travel Goals for one special trip, or for a recurring travel fund.

Importance	Description		Sta	art				
High Low		Year	At Retirement			Target Amount	How Often	How Many Times
10 ↔ 1			С	Со	Both			innes
7	e.g., Annual Travel Fund					\$ 8,000	Annual	20
						\$		
						\$		
						\$		
						\$		



Car

Chevy? Lexus? One of each? Is it time for a convertible or sports car? To be sure you'll be driving what you want, add separate Goals for buying cars during retirement. Don't forget, you'll get some money for your trade-in, so use the amount you'll need after subtracting the trade-in value from the new car price.

Importance	Description		Sta	art					
High Low		Year	At Retirement			Target Amount after Trade-In	How Often	How Many Times	
10 ↔ 1			С	Со	Both			Times	
8	e.g., John's SUV					\$ 30,000	Every 4 Yrs	6	
						\$			
						\$			
						\$			
						\$			



Major Purchase

You've always wanted a _____? A sail boat? A motor home? A hot tub? A snowmobile? Whatever it is, go for it. Fill in the blank, and make it a Goal.

Importance	Description	Start							
High Low 10 ↔ 1		Year	At Retirement			Target Amount	How Often	How Many Times	
			С	Co	Both			THICS	
4	e.g., Buy a Sail Boat	2017				\$ 45,000	Once		
						\$			
						\$			
						\$			



Health Care

If you believe that Health Care costs, beyond basic expenses such as your Medicare supplement, are likely to be particularly significant for you or your family, use this Goal to separate those costs from your retirement living expense.

Importance	Description		Start							
High Low		Year	At Retirement				arget mount	How Often	How Many Times	
10 ↔ 1		rear	С	Со	Both	Amount			Times	
9	e.g., Extra Health Expenses	2029				\$ 70	0,000	Annual	10	
						\$				
						\$				
						\$				
						\$				



New Home

Are you ready to trade-up to get more space for a growing family? Or, maybe it's time for that vacation home you've always wanted. Make it a Goal and make it come true.

Importance							
High Low	Description	Year	At F	Retirem	nent	Target Amount	
10 + 1		fedr	С	Со	Both	7	
7	e.g., Beach House					\$ 250,000	
						\$	
						\$	
						\$	
						\$	



Home Improvement

Do you have big plans for "this old house"? Do you plan to continue living in your home for a long time? Create Goals for major home improvements and repairs.

Importance	Description		Star	rt				How	
High Low		Year	At Retirement			Target Amount	How Often	Many	
10 ↔ 1			С	Co	Both	, and and		Times	
5	e.g., Renovate Kitchen	2019				\$ 40,000	Once		
						\$			
						\$			
						\$			
						\$			



Wedding

Who's getting married? Want to help pay for the wedding? If you plan to pay for all or part of the cost of a wedding, create a Goal and put yourself at the head table.

Importance High Low 10 ↔ 1	Description	Year	Target Amount
7	e.g., Susan's Wedding	2017	\$ 22,000
			\$
			\$
			\$
			\$



Celebration

What special events do you look forward to celebrating? Do you have a Bar Mitzvah, Bat Mitzvah, Sweet 16, family reunion, anniversary, retirement, or engagement party in your future? A celebration can make a great Goal.

Importance							
High Low	Description	Year	At Retirement				Target Amount
10 ↔ 1		Tear	С	Co	Both		/ iniounic
5	e.g., 50th Anniversary	2023				\$	20,000
						\$	
						\$	
						\$	
						\$	



Gifts - Donations - Help

Is it time to give back? Or maybe your parents or kids need help. Use Gift Goals for anything from holiday presents to cash gifts for family members or organizations.

Importance			Start			_		How
High Low	Description	Year	At Retirement			Target Amount	How Often	Many
10 ↔ 1		rear	С	Со	Both			Times
6	e.g., Gifts for Tim	2025				\$ 10,000	Annual	5
						\$		
						\$		
						\$		
						\$		



Provide Care for Someone

If you need money to take care of someone you love (e.g., your mother in a nursing home, or a child with special needs), make sure you have a Goal to pay for it.

Importance		Start							How
High Low	Description	Year	At Retirement				Target Amount	How Often	Many
10 ↔ 1		rear	С	Со	Both			Times	
8	e.g., Care for Mom	2018				\$	45,000	Annual	5
						\$			
						\$			
						\$			
						\$			



Start Business

If you plan to start a business or buy a business franchise, make it a Goal and make it a success.

Importance							
High Low	Description	Year	At Retirement			Target Amount	
10 ↔ 1		rear	С	Со	Both		/ inoune
2	e.g., Start Coffee Shop					\$	28,000
						\$	
						\$	
						\$	
						\$	



Private School

Do you want to give your kids or grandkids the benefit of a private school education? Make it a Goal and get them started right.

Importance			Start		_		
High Low	Description	Year	At Retirement		Target Amount	No. of Years	
10 ↔ 1		Tear	С	Со	Both	, and and	
4	e.g., Private School for Mary	2017				\$ 10,000	6
						\$	
						\$	
						\$	
						\$	



Leave Bequest

Do you want to leave something for the kids? Or "see" your name on that new building? Create bequests for the money you'd like to leave at your death to family, friends, charities and institutions.

Importance High Low 10 ↔ 1		Recipient	Beque	en Will est Be (id of Pl	Given?	Target Amount	
			С	Со	Both		
2	e.g., Bequest to My College	State College				\$ 100,000	
						\$	
						\$	
						\$	
						\$	



Anything Else / Other

Did we miss something? If it's expensive or important and doesn't have its own picture – make it an Anything Else Goal, but be sure to add a good description.

Importance		Start						
High Low	Description	Year	At Retirement			Target Amount	How Often	How Many Times
10 ↔ 1			С	Со	Both	Amount		
7	e.g., Club Membership					\$ 10,000	Annual	15
						\$		
						\$		
						\$		
						\$		

🛗 Retirement Age and Living Expense

Retirement Age If already retired, skip to Living Expense

When would you like to retire? Enter your Target Retirement Age. Then, indicate how willing you are to delay retirement beyond that age, if it helps you fund your Goals.

	Client	Co-Client
Target Retirement Age	Age:	Age:
How willing are you to retire later (if necessary) to attain your Goals?	 Not at All Slightly Somewhat Very 	 Not at All Slightly Somewhat Very
What order of Retirement do you prefer?	Both retire in the same year.Either can retire first.	Only Client can retire first.Only Co-Client can retire first.



Living Expense

Everyone must pay the bills. This Goal is for your basic day-to-day living expenses (e.g., food, clothes, utilities, etc.) during retirement. By making your Basic Living Expense a separate Goal, you can see exactly what it takes to pay the bills for the rest of your life. When you're confident that you have your basic expenses covered, you can sleep better at night and feel free to enjoy spending money to fulfill your other Retirement Lifestyle Goals.

Importance	Description	Target Annual Amount	
10	Living Expense	\$ or □ Use Program Estimate if not Retired	

Be sure you don't "double count" any expenses during retirement. For example, if you entered a separate Goal for a car, don't include the purchase cost of this car in your Living Expense, but do include all operating expenses (e.g., gas, taxes, maintenance). If you're not sure how much money you need, use the Budget Worksheet on page 13.

Adjustments to Living Expense

Your Retirement Living Expense amount may include some expenses that will end during retirement. When the expenses end, your Living Expense amount would be reduced. Please indicate any expenses that will end.

Description	Annual Amount (current dollars)	Year Expense Will End	Check if amount inflates
e.g., Mortgage	\$ 16,000	2021	
	\$		
	\$		
	\$		

\$ Retirement Income (pension, part-time work, rental property, annuities, royalties, alimony)

Identify all the resources you have to fund your Goals. Don't worry about determining the exact amounts.

Social Security Benefits - *if available, provide your Social Security estimate statement.*

	Client	Co-Client		
Are you eligible?	□ Yes □ No □ Receiving Now	□ Yes □ No □ Receiving Now		
Amount of benefit	\$ 🛛 Use Program Estimate	\$ 🛛 Use Program Estimate		
Amount of benefit	Primary Insurance Amount (PIA)	Primary Insurance Amount (PIA)		
When to start	□ at Full Retirement Age (per Social Security) □ at age □ at retirement	 at Full Retirement Age (per Social Security) at age at retirement 		

Part-Time Work & Other Retirement Income

Don't include interest or dividend income from your investments. Include income from part-time work, rental property, annuities, royalties, alimony, etc. All amounts are pre-tax and begin at retirement unless otherwise noted.

	Clie	nt	Co-Client		
Description	Monthly Income	Yr It Ends or No. of Yrs	Monthly Income	Yr It Ends or No. of Yrs	
e.g., Part-time	\$ 1,000	5	\$		
	\$		\$		
	\$		\$		
	\$		\$		
	\$		\$		

Pension Income If available, provide your pension statement.

If you have a lifetime pension, put "End of Life" in "Year It Ends" column.

Description	Whose	e is it?	Monthly Income	Yr It Ends or	% Survivor Benefit	Check if amount
	С	Co		No. of Yrs	Benefit	inflates
e.g., ABC Pension	S		\$ 1,500	End of Life	50%	
			\$			
			\$			
			\$			

Investment Assets

Identify all the resources you have to fund your Goals. Don't worry about determining the exact amounts, reasonable estimates are fine. If available provide your investment statements.

Client

			Approximate Allocation			
Investment Type	Current Value	Annual Additions		Cash	Bond	Stock
Retirement Plans (e.g., 401k, 403b)	\$	\$ or	%	%	%	%
Employer Match	\$	\$ or	%			
Traditional IRA	\$	\$		%	%	%
Roth IRA	\$	\$		%	%	%
529 Savings Plan	\$	\$		%	%	%
Annuities	\$	\$		%	%	%
Cash Value Life Insurance	\$	\$		%	%	%
Taxable	\$	\$				

Co-Client

					Approximate Allocation			
Investment Type	Current Value		Annual Additions	Cash	Bond	Stock		
Retirement Plans (e.g., 401k, 403b)	\$	\$	or	%	%	%	%	
Employer Match	\$	\$	or	%				
Traditional IRA	\$	\$			%	%	%	
Roth IRA	\$	\$			%	%	%	
529 Savings Plan	\$	\$			%	%	%	
Annuities	\$	\$			%	%	%	
Cash Value Life Insurance	\$	\$			%	%	%	
Taxable	\$	\$			%	%	%	

Joint Accounts

Description	Current Value	Annual Additions	Approximate Allocation				
Description	Current value	Annual Additions	Cash	Bond	Stock		
	\$	\$	%	%	%		
	\$	\$	%	%	%		
	\$	\$	%	%	%		

Extra Savings - if not Retired

Could you save more to fund your Goals?	🗆 Yes 🗆 No	
If yes, enter the maximum extra amount you could save each year in addition to the amounts above:	\$	Use program estimate of 5% of employment income
How willing are you to save more?	□ Not at All □ Somewhat	□ Slightly □ Very

Other Assets

Primary Residence

Owner	
Current Value	\$
Growth Rate	%

Business	
Owner	
Current Value	\$
Growth Rate	%

If you intend to sell this home or business to fund your goals, enter the following:

	Ye	ear to S	ell		Estimate of Cash Received (after-tax)				
Description	Enter Veer	At Retirement		nent	Low	Expected	Llink		
Er	Enter Year	С	Co	Both	Low	Expected	High		
Primary Residence					\$	\$	\$		
Business					\$	\$	\$		

Other Assets (Other Homes, Real Estate, Personal Property, Collectables, Inheritance)

		Owner			Disuring to	Veer Cell /	Cash
Description	С	Co	Joint	Current Value	Planning to sell this asset?	Year Sell / Received	Received (After-tax)
					□ Yes □ No □ Only If Needed		
					□ Yes □ No □ Only If Needed		
					□ Yes □ No □ Only If Needed		
					□ Yes □ No □ Only If Needed		

E Liabilities

Description		Owner		Current	Monthly	Токито	Interest
Description	С	Со	Joint	Balance	Monthly Payment	Term	Rate

A Risk Score

Household Client

Co-Client

How much market risk are you willing to accept? On a scale of 1 to 100, with 1 being the lowest risk and 100 being the highest risk, what's your risk score?

Two thirds of all investors score between 40 and 60, and only 1 in 1000		H	Household			Men			Women		
select a score lower than 20 or greater		> 64	50-64	< 50	> 64	50-64	< 50	> 64	50-64	< 50	
than 80. Does your score feel right as you compare yourself to others?	Avg Score	47	50	54	50	54	59	45	48	52	

Additional Considerations

Do you have any of the following? If available, provide statements.

Other Information

	Client	Co-Client	Notes
Stock Options	🗆 Yes 🗆 No	□Yes □No	
Restricted Stock	🗆 Yes 🗆 No	□Yes □No	
Deferred Compensation	🗆 Yes 🗆 No	□Yes □No	
Small Business Ownership	🗆 Yes 🗆 No	□Yes □No	

Insurance - complete this section to have the adequacy of your Insurance coverage reviewed and analyzed.

	Client	Co-Client	Notes
Group/Term Life Insurance	🗆 Yes 🗆 No	🗆 Yes 🗆 No	
Death Benefit	\$	\$	
Cash Life Insurance	🗆 Yes 🗆 No	🗆 Yes 🗆 No	
Death Benefit	\$	\$	
Cash Value	\$	\$	
Disability Insurance	🗆 Yes 🗆 No	🗆 Yes 🗆 No	
Long Term Care Insurance	🗆 Yes 🗆 No	🗆 Yes 🗆 No	

Estate - complete this section to have the adequacy of your Estate planning reviewed and analyzed.

	Client	Co-Client	Notes
Will?	🗆 Yes 🗆 No	🗆 Yes 🗆 No	
Including a provision for a Bypass Trust?	🗆 Yes 🗆 No	🗆 Yes 🗆 No	
Date documents were last reviewed	/ /	/ /	
Medical Directive?	🗆 Yes 🗆 No	🗆 Yes 🗆 No	
Power of Attorney?	🗆 Yes 🗆 No	🗆 Yes 🗆 No	

Budget - Optional to help determine Basic Living Expense

Personal & Family Expenses	Current	Retirement	Home Expenses	Current	Retirement
Alimony	\$	\$	Mortgage / Rent	\$	\$
Bank Charges	\$	\$	Equity Line	\$	\$
Business Expense	\$	\$	Real Estate Tax	\$	\$
Cash - Miscellaneous	\$	\$	Homeowner's Insurance	\$	\$
Cell Phone	\$	\$	Association Fees	\$	\$
Charitable Donations	\$	\$	Electricity	\$	\$
Child Allowance/Expense	\$	\$	Gas/Oil	\$	\$
Child Care	\$	\$	Trash Pickup	\$	\$
Child Support	\$	\$	Water/Sewer	\$	\$
Clothing	\$	\$	Cable/Satellite TV	\$	\$
Club Dues	\$	\$	Internet	\$	\$
Credit Card Debt Payment	\$	\$	Telephone (land line)	\$	\$
Dining	\$	\$	Lawn Care	\$	\$
Entertainment	\$	\$	Maintenance	\$	\$
Gifts	\$	\$	Furniture	\$	\$
Groceries	\$	\$	Other	\$	\$
Healthcare	\$	\$	TOTAL	\$	\$
Hobbies	\$	\$			
Household Items	\$	\$	Personal Insurance Expenses	Current	Retirement
Laundry/Dry Cleaning	\$	\$	Disability for Client	\$	\$
Personal Care	\$	\$	Disability for Spouse	\$	\$
Pet Care	\$	\$	Life for Client	\$	\$
Recreation	\$	\$	Life for Spouse	\$	\$
Vacation/Travel	\$	\$	Long Term Care for Client	\$	\$
Other	\$	\$	Long Term Care for Spouse	\$	\$
TOTAL	\$	\$	Medical for Client	\$	\$
			Medical for Spouse	\$	\$

Vehicle Expenses	Current	Retirement
Loan / Lease	\$	\$
Insurance	\$	\$
Personal Property Tax	\$	\$
Fuel	\$	\$
Repairs / Maintenance	\$	\$
Parking / Tolls	\$	\$
Other	\$	\$
TOTAL	\$	\$

Total All Expenses	Current	Retirement
TOTAL	\$	\$
Other	\$	\$
Umbrella Liability	\$	\$
Medical for Spouse	\$	\$
Medical for Client	\$	\$
Long Term Care for Spouse	\$	\$
Long Term Care for Client	\$	\$
Life for Spouse	\$	\$
Life for Client	\$	\$
Disability for Spouse	Ψ	ψ

Total All Expenses	Current	Retirement
Personal & Family Expenses	\$	\$
Vehicle Expenses	\$	\$
Home Expenses	\$	\$
Personal Insurance Expenses	\$	\$
TOTAL	\$	\$

